

How to be a **HEALTHY** Caregiver

 **FAMILY
PATHWAYS**
Every voice.
Every possibility.
Every day.

Aging workshop
presented by:

Collette Colucci,
Caregiver Consultant




The Levande
by **Vivie**

Date: March 20th, 2025

1:00pm-2:30pm

Location: The Levande by Vivie

2011 6th Lane S.E
Cambridge MN, 55008

Free Refreshments &
Door Prizes!

Topics Covered

- Understand the complexities of caring for an older adult
- Understand the impact of providing and receiving care
- Identify strategies to help create balance in your life
- Learn about community resources available to you and your family

**RSVP by calling The Levande
at 763-325-0100**